# TMS TRENDS NOVEMBER 2011

A publication of the TMS Institute of Pennsylvania – Advanced Neuropsychiatric Solutions

### TMS ON THE HORIZON

A governmental website, *ClinicalTrials.org*, provides unique information about current and ongoing clinical trials, both in the U.S. and around the world. A service of the U.S. National Institutes of Health, the website serves as a registry and database of all federally and privately funded clinical trials. Information about each trial's purpose, location and participant requirements are included.

A search of the registry serves as an indicator to the present state of research across many fields. Currently, a search for "TMS" and "depression" produces over 100 results, varied in subject and research design, ranging in level of completion from recruiting participants to a closed study.

Neurostar TMS Therapy was cleared by the FDA for use in patients with treatment resistant depression in October 2008. While its usage for treatment-refractory depression is established, the use of TMS Therapy for other disorders and diseases is currently being investigated. Research investigating off-label uses, such as postpartum depression, symptoms of Parkinson's disease, bipolar depression and fibromyalgia are currently underway, with more information available at www.clinicaltrials.gov.

# DECEMBER 13, 2011

The TMS Support Group of Chester County will hold its next meeting at 7:00 PM on Tuesday, December 13. Meetings are held at 129 S. High Street, West Chester, PA 19382. All are welcome to attend. Please call (610) 738-8671 for more information or for directions.



## TREATMENT CENTERS

As depicted above, NeuroStar TMS Therapy treatment centers are growing in number across the country. TMS Therapy is now offered in 44 states, including Hawaii. Reporting over 280 treatment centers in private practices and over 60 hospital based sites, the availability of TMS Therapy is spreading to all regions of the U.S.

Many of the most highly regarded psychiatric institutions around the country, such as Massachusetts General Hospital, the Mayo Clinic, Walter Reed Army Medical Center, Johns Hopkins University, UCLA, and Sheppard Pratt Health System are currently utilizing NeuroStar TMS Therapy for the treatment of refractory major depression.

#### SUMMARY - NEUROSTAR TMS IS:

- An effective, proven treatment
- Included in APA Practice Guidelines
- A valuable treatment for patients who want to reduce medications and the side effect burden that goes along with them