

# TMS TRENDS

OCTOBER 2012

A publication of the TMS Institute of Pennsylvania – Advanced Neuropsychiatric Solutions  
Terrence A. Boyadjis, MD, Director

## FORMAT OF TMS SUPPORT GROUP OF CHESTER COUNTY TO EXPAND

Beginning with the next scheduled meeting in November, the TMS Support Group of Chester County will be open to individuals who have been struggling with treatment-resistant depression. Our goal is to create a forum for people who have failed to respond to medication and traditional therapy and who may be interested in learning about alternative treatment options.

As part of our new format, we are encouraging mental health providers in the community who have expertise in alternative modalities to speak. We welcome those providers of empirically tested, alternative forms of treatment for depression to expand our knowledge base and raise awareness of new technologies (See related article in this edition of TMS trends).

Interested guest speakers should contact us at: [info@psychfirst.com](mailto:info@psychfirst.com). Please include area of discussion and availability. The TMS Support Group of Chester County meets on the second Tuesday of every month at the location listed below. Guest speakers may also attend via Skype.

**NOVEMBER 13**

**Now join our TMS support group via Skype!**

The TMS Support Group of Chester County will continue to hold meetings on the second Tuesday of every month. Our next meeting will take place on Tuesday, October 9 at 7:00 PM. Meetings are located at 129 S. High Street, West Chester, PA 19382. All are welcome! Please call (610) 738-8671 for more information or for directions

## PARTICIPANTS NEEDED FOR NEW sTMS CLINICAL TRIAL



The University of Pennsylvania is currently recruiting subjects for a study of NEST (Neosync EEG Synchronized sTMS). NEST is based on the theory that the brain is a resonant system that can be “tuned” using magnetic fields synchronized with a patient’s brain waves. This procedure is believed to restore normal brain rhythm. The expected result is the lessening or complete elimination of depressive symptoms.

In order to qualify for this trial, you must be between the ages of 22 and 65 and have a diagnosis of Major Depressive Disorder. There are multiple sites across the country where individuals can go to receive their treatments. Health insurance is not necessary to participate. All medical care related to the NEST trial is provided at no cost. For more information, visit: [www.newdepressionstudy.com](http://www.newdepressionstudy.com).

Dr. Mahendra Bhati, the Director of Neuromodulation in the Department of Psychiatry at the University of Pennsylvania will be speaking at the December meeting of the TMS Support Group of Chester County. We encourage anyone interested in learning more about his study to attend.

Click [here](#) to “like” the TMS Institute of Pennsylvania on Facebook